

# ARE YOU CONCERNED?



Mr Walker



Mrs Cowie



Mrs Wesson



Mrs Harmison

**Feeling upset or unsafe?  
Worried about a friend or family member?  
Something does not feel right ?**

Our Designated Safeguarding Leads above are here to support you.  
Equally, any member of school staff would be happy to help.  
Don't be afraid to talk to us.

If you need advice and you are not in school, you can call:

**YOUNGMINDS**  
Crisis Messenger

If you are a young person experiencing a mental health crisis,  
you can text the YoungMinds Crisis Messenger for free, 24/7 support.

**85258.**

